



COACHING AND GAMES

DEVELOPMENT PROGRAMME 2009-2010

■ COISTE ÁTHA CLIATH

■ FORBARHTA NA GCLUICHÍ



IMPROVING OUR GAMES THROUGH TRAINING AND DEVELOPMENT

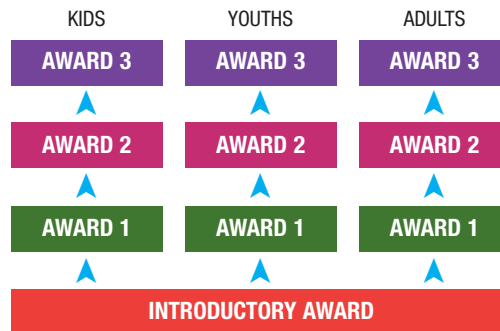
COACHING AND GAMES

DEVELOPMENT PROGRAMME 2009-2010

“How can I become a better and more effective coach?” We hear this question frequently being asked and there’s obviously more than one answer.

Coach education offers the best way but it is not a once off process, it must be continuous. Continuous professional development (CPD) is relevant to coaches at all levels of their career to continue improving their knowledge and understanding of the skills of the game. The Games Development programme this year provides the best possible support in relation to coach education and CPD through a wide variety of training workshops and courses.

The aim is to develop a coordinated approach to coach education, offering courses, workshops and coach education opportunities.



This year’s programme will focus again on the more formal coach education programmes mainly the new Foundation and Award 1 courses as well as the new Code of Ethics in Youth Sport courses which have been fully approved and certified by the Irish Sports Council (ISC).

■ Practical Workshops:

There will be a limited number of practical workshops in football and hurling these will be targeted at specific age groups with workshops for juvenile and adult coaches.

■ Special Purpose award for Conditioning for Gaelic Games:

The ***Certificate in Conditioning for Gaelic Games*** was

designed in partnership with IT Blanchardstown.

This innovative and enterprising

initiative is the first FETAC level 6 training qualification designed, formulated, sponsored and delivered by a county board in conjunction with a third level Institute of Technology. It will be delivered in modular format lasting 18 weeks and will involve formal assessment.



■ Skill Acquisition & Decision Making for Gaelic Games:

A new programme on offer this year is the Skill Acquisition & Decision Making for Gaelic Games. The course will explore current coaching, skill acquisition and decision-making initiatives in elite/professional sport and will provide the link between research and practice. This programme will last for 10 weeks.

■ Website:

The Games Development website has had a complete make over and has been re-launched with an improved resource section for coaches. Additional information on all of the courses and workshops can be found there too -

www.dublinaagamesdevelopment.ie.

To register for a course simply log on to register online and select the course you wish to attend.



Ba bhuntáiste é an clár seo do chlibanna agus tá súil agam go mbéidh go leor tacaíocht don chlár.

Gearoid O Conchúir

Bainisteoir na gCluichí



COACH ADMINISTRATOR REFEREE EDUCATION (CARE)

COACH EDUCATION PROGRAMME

Foundation Award
Award 1 Youth & Adult - Football
Award 1 Youth & Adult - Hurling
Award 1 Child Football
Award 1 Child Hurling
Master Tutor Meetings

REFEREE EDUCATION

Go Games Referee Course (U8 - U12 Games)
Young Referee Course (U13 - U16 Games)

CLUB DEVELOPMENT

Code of Ethics in Youth Sport
Basic First Aid Course
Establishing Club Structures

GPO IN-SERVICE

Regional GPO Report Meeting
Coaching People with Disabilities
Summer Camp Training
Award 1 - Child Training
Award 1 - Adult Training
Empowerment programme
The use of language in sport and running technique
Yearly Business Meeting
PE curriculum / Devising games

HURLEY REPAIR WORKSHOPS

Hurley Repair(Basic)
Hurley Repair(Advanced)

COACHING CONFERENCES

GAA National Coaching Conference



HURLING WORKSHOPS

Juvenile Coaches

Teaching & Sharpening Skills - P Critchley
 First Touch-Wall Ball Activity - P Butler
 Working with Goalkeepers - D Young

Adult Coaches

Uping the Tempo - A Daly
 Coaching the Games Approach Way - T Dunne
 Fitness with the Sliotar - P Herbert

PHYSICAL CONDITIONING WORKSHOPS

Coaching Speed - D Tobin
 Functional Strength Training for Footballers - P Flanagan
 Functional Strength Training for Hurlers - M Dempsey
 Innovative Training Techniques - M Bohan
 Essential Core Stability - J Allen
 SAQ Foundation Workshop - K Hennessy

FOOTBALL WORKSHOPS

Juvenile Coaches

Adapting fun games - P Kerr
 Working with Goalkeepers - M O'Shea

Adult Coaches

Individual & Group Defence - J Morrisson
 Developing Attacking Play - P O'Shea
 Games to Develop Fitness - V Andrews

CONDITIONING COURSE FOR GAELIC GAMES (ADULT COACHES)

This is a FETAC Level 6 Certificate course and attending individual sessions is not permitted

SKILL ACQUISITION & DECISION MAKING (ALL COACHES)

THEME:

- GPO In-service
- Practical Hurling Workshop
- Practical Football Workshop
- Coach Education Programme
- Club Development
- Physical Conditioning
- Coaching Conferences
- Hurley Repair Course
- Referee Education
- Conditioning Course For Gaelic Games
- Skill Acquisition & Decision Making

COLOUR



SEPTEMBER COACHING & GAMES DEVELOPMENT PROGRAMME 2009-2010



GPO In-service Training (staff only)

Event:	Description:	Day:	Date:	Venue:	Tutors	Start	Finish
G.P.O. In-service Training	P.E. Curriculum / Devising games	Tue	1/9/09	Parnell Park	Michéal Martin	10.00am	5.00pm
G.P.O. In-service Training	Empowerment programme - Group 1	Wed	2/9/09	Parnell Park	AP Partners	10:00am	4.00pm
G.P.O. In-service Training	Empowerment programme - Group 2	Thur	3/9/09	Parnell Park	AP Partners	10:00am	4.00pm
G.P.O. In-service Training	Empowerment programme - Group 3	Fri	4/9/09	Parnell Park	AP Partners	10:00am	4.00pm
G.P.O. In-service Training	Coaching People with Disabilities - Group 1	Tue	8/9/09	Parnell Park	Coaching Ireland	10:00am	4.00pm
G.P.O. In-service Training	Coaching People with Disabilities - Group 2	Wed	9/9/09	Parnell Park	Coaching Ireland	10:00am	4.00pm
G.P.O. In-service Training	Coaching People with Disabilities - Group 3	Thur	10/9/09	Parnell Park	Coaching Ireland	10:00am	4.00pm

Hurling Workshop

Event:	Description:	Day:	Date:	Venue:	Tutors	Start	Finish
Practical Hurling Workshop	Working with Goalkeepers	Sat	26/9/09	N.Fionnbarra	Damien Young	12.00pm	2.00pm

Football Workshop

Event:	Description:	Day:	Date:	Venue:	Tutors	Start	Finish
Practical Football Workshop	Working with Goalkeepers	Fri	25/9/09	Na Fianna	Mick O'Shea	7:30pm	9.30pm

Coach Education

Event:	Description:	Day:	Date:	Venue:	Tutors	Start	Finish
Master Tutor Meeting (LTG only)	Coach Training Programme- Tutor Meeting	Mon	14/9/09	Lucan Spa Hotel	Leinster Tutor Group	7:30pm	9.30pm
Foundation Award	Coach Training Programme - F/ball & Hurling	Mon, Tue&Wed	28,29&30/09/09	N.Fionnbarra	Ger O'Connor	7:30pm	10.00pm

Club Development

Event:	Description:	Day:	Date:	Venue:	Tutors	Start	Finish
Code of Ethics in Youth Sport	Child/Coach protection	Mon&Wed	14&16/09/09	St Pats, P/town	Sports Council Tutor	7.00pm	9.00pm
Code of Ethics in Youth Sport	Child/Coach protection	Mon&Wed	28&30/09/09	Whitehall	Sports Council Tutor	7.00pm	9.00pm
Code of Ethics in Youth Sport	Child/Coach protection	Mon&Wed	28&30/09/09	Ballyboden	Sports Council Tutor	7.00pm	9.00pm

Certificate in Conditioning for Gaelic Games (*Special Purpose Award*)

Event:	Description:	Day:	Date:	Venue:	Tutors	Start	Finish
Conditioning for Gaelic Games	Unit 1- Physical Demands of Gaelic Games*	Wed	30/9/09	I.T Blanchardstown	B.I.T Sports Management	7.00pm	10:00pm

Referee Education

Event:	Description:	Day:	Date:	Venue:	Tutors	Start	Finish
Young Refs Course	Referee Development (3 evenings)	Mon&Wed	21,23&28/9/09	O'Dwyers	Referee Committee	7.30pm	10.00pm

GPO In-service Training (staff only)

Event:	Description:	Day:	Date:	Venue:	Tutors	Start	Finish
G.P.O. In-service Training	Yearly Business Meeting	Tue	6/10/09	Parnell Park	Coaching Dept	2:00pm	5:00pm
G.P.O. In-service Training	Award 1 - Child Training - Group 2	Tue	13/10/09	Parnell Park	LTG	10:00am	5:00pm
G.P.O. In-service Training	Award 1 - Child Training - Group 3	Wed	14/10/09	Parnell Park	LTG	10:00am	5:00pm
G.P.O. In-service Training	Award 1 - Child Training - Group 1	Thur	15/10/09	Parnell Park	LTG	10:00am	5:00pm
G.P.O. In-service Training	Tutor Observation & Assesment	Mon-Fri	19-23/10/09**	Parnell Park	Coaching Ireland	10.00am	5.00pm

** notification will be sent out stating which day & time slot (morning session/afternoon session) you have to attend

Hurling Workshop

Event:	Description:	Day:	Date:	Venue:	Tutors	Start	Finish
Practical Hurling Workshop	Uping the Tempo	Fri	23/10/09	Kilmacud Crokes	Anthony Daly	7.30pm	9.30pm

Football Workshop

Event:	Description:	Day:	Date:	Venue:	Tutors	Start	Finish
Practical Football Coaching	Games to Develop Fitness	Wed	14/10/09	Castleknock	Val Andrews	7.30pm	9.30pm

Club Development

Event:	Description:	Day:	Date:	Venue:	Tutors	Start	Finish
Code of Ethics in Youth Sport	Child/Coach protection	Mon&Wed	5,7/10/09	Naomh Mearnóg	Sports Council Tutor	7.00pm	9.00pm
Code of Ethics in Youth Sport	Child/Coach protection	Mon&Wed	12&14/10/09	Kilmacud Crokes	Sports Council Tutor	7.00pm	9.00pm
Code of Ethics in Youth Sport	Child/Coach protection	Mon&Wed	19&21/10/09	Lucan Sarsfields	Sports Council Tutor	7.00pm	9.00pm
Code of Ethics in Youth Sport	Child/Coach protection	Mon&Wed	19&21/10/09	St Peregrines	Sports Council Tutor	7.00pm	9.00pm

Hurley Repair

Event:	Description:	Day:	Date:	Venue:	Tutors	Start	Finish
Hurley Repair Course	Repair & Banding - Basic	Mon&Wed	26,28/10 & 02/11/09	De La Salle College	Mick Scully	7:00pm	10.00pm

Certificate in Conditioning for Gaelic Games *(Special Purpose Award)*

Event:	Description:	Day:	Date:	Venue:	Tutors	Start	Finish
Conditioning for Gaelic Games	Unit 2- Conditioning for Gaelic Games	Wed	7/10/09	I.T Blanchardstown	B.I.T Sports	7.00pm	10:00pm
Conditioning for Gaelic Games	Unit 3- Functional Performance in Field Sports	Wed	14/10/09	I.T Blanchardstown	B.I.T Sports	7.00pm	10:00pm
Conditioning for Gaelic Games	Unit 4- Strength Training	Wed	21/10/09	I.T Blanchardstown	B.I.T Sports	7.00pm	10:00pm
Conditioning for Gaelic Games	Unit 5- Strength Development	Wed	28/10/09	I.T Blanchardstown	B.I.T Sports	7.00pm	10:00pm

Referee Education

Event:	Description:	Day:	Date:	Venue:	Tutors	Start	Finish
Go Games Referees Course	Referee Development (3 evenings)	Mon&Wed	19,21&26/10/09	Parnell Park	Referee Committee	7.30pm	10.00pm

Coach Education

Event:	Description:	Day:	Date:	Venue:	Tutors	Start	Finish
Master Tutor Meeting (LTG only)	Coach Training Programme- Tutor Meeting	Mon	5/10/09	Lucan Spa Hotel	Leinster Tutor Group	7:30pm	9.30pm
Award One Football / Hurling	Unit 1-Coach Development - Children (up to U12)	Fri	16/10/09	Clontarf (F)/ St OI Plunketts (H)	Tutor Group	7:00pm	10.00pm
Award One Football / Hurling	Unit 2-Coach Development - Children (up to U12)	Sat	17/10/09	Clontarf (F)/ St OI Plunketts (H)	Tutor Group	9.00am	3.00pm
Award One Football / Hurling	Unit 3-Coach Development - Children (up to U12)	Fri	23/10/09	Clontarf (F)/ St OI Plunketts (H)	Tutor Group	7:00pm	10.00pm
Award One Football / Hurling	Unit 4-Coach Development - Children (up to U12)	Sat	24/10/09	Clontarf (F)/ St OI Plunketts (H)	Tutor Group	9.00am	3.00pm

Physical Conditioning

Event:	Description:	Day:	Date:	Venue:	Tutors	Start	Finish
Physical Conditioning	Coaching Speed	Thur	8/10/09	Good Counsel	D Tobin	7.30pm	9.30pm

NOVEMBER COACHING & GAMES DEVELOPMENT PROGRAMME 2009-2010



GPO In-service Training (staff only)

Event:	Description:	Day:	Date:	Venue:	Tutors	Start	Finish
GPO Team Meeting	Regional GPO Report Meeting - North	Tue	10/11/09	Craobh Chiaráin	Eimear Dignam	3:30pm	5.00pm
GPO Team Meeting	Regional GPO Report Meeting - West	Tue	10/11/09	St Oliver Plunketts	Niall Cooper	3:30pm	5.00pm
GPO Team Meeting	Regional GPO Report Meeting - South	Tue	10/11/09	Kilmacud Crokes	Donal Doyle	3:30pm	5.00pm
G.P.O. In-service Training	The use of language in sport	Thur	26/11/09	TBA	Mick Bohan	10:00am	5.00pm

Hurling Workshop

Event:	Description:	Day:	Date:	Venue:	Tutors	Start	Finish
Practical Hurling Coaching	Teaching & Sharpening Skills	Fri	20/11/09	Naomh Barróg	P Critchley	7.30pm	9.30pm

Football Workshop

Event:	Description:	Day:	Date:	Venue:	Tutors	Start	Finish
Practical Football Coaching	Developing Attacking Play	Fri	13/11/09	Naomh Olaf	Pat O'Shea	10.30am	12.30pm

Physical Conditioning

Event:	Description:	Day:	Date:	Venue:	Tutors	Start	Finish
Physical Conditioning	Field Based Strength Training for Footballers	Fri	27/11/09	Na Fianna	Pat Flannagan	7.30pm	9.30pm
Physical Conditioning	Field Based Strength Training for Hurlers	Fri	27/11/09	Thomas Davis	Mick Dempsey	7.30pm	9.30pm

Club Development

Event:	Description:	Day:	Date:	Venue:	Tutors	Start	Finish
Code of Ethics in Youth Sport	Child/Coach protection	Mon&Wed	28/4/11/09	Naomh Olaf	Sports Council Tutor	7.00pm	9.00pm
Code of Ethics in Youth Sport	Child/Coach protection	Mon&Wed	9&11/11/09	Castleknock	Sports Council Tutor	7.00pm	9.00pm
Code of Ethics in Youth Sport	Child/Coach protection	Mon&Wed	16&18/11/09	Na Fianna	Sports Council Tutor	7.00pm	9.00pm
Code of Ethics in Youth Sport	Child/Coach protection	Mon&Wed	23&25/11/09	Craobh Chiaráin	Sports Council Tutor	7.00pm	9.00pm
Code of Ethics in Youth Sport	Child/Coach protection	Mon&Wed	30/11 & 02/12/09	Raheny	Sports Council Tutor	7.00pm	9.00pm

Hurley Repair

Event:	Description:	Day:	Date:	Venue:	Tutors	Start	Finish
Hurley Repair Course	Piecing & Dowling - Advanced	Mon&Wed	16&18/11/09	St David SC, Artane	Mick Scully	7:00pm	10:00pm

Certificate in Conditioning for Gaelic Games (Special Purpose Award)

Event:	Description:	Day:	Date:	Venue:	Tutors	Start	Finish
Conditioning for Gaelic Games	Unit 6 - Speed Training	Wed	4/11/09	I.T Blanchardstown	B.I.T Sports	7.00pm	10:00pm
Conditioning for Gaelic Games	Unit 7 - Speed Development	Wed	11/11/09	I.T Blanchardstown	B.I.T Sports	7.00pm	10:00pm
Conditioning for Gaelic Games	Unit 8 - Plyometrics & Agility	Wed	18/11/09	I.T Blanchardstown	B.I.T Sports	7.00pm	10:00pm
Conditioning for Gaelic Games	Unit 9 - Conditioning	Wed	25/11/09	I.T Blanchardstown	B.I.T Sports	7.00pm	10:00pm

Referee Education

Event:	Description:	Day:	Date:	Venue:	Tutors	Start	Finish
Go Games Referees Course	Referee Development (3 evenings)	Mon&Wed	9,11&16/11/09	Kilmacud Crokes	Referee Committee	7.30pm	10.00pm

Coach Education

Event:	Description:	Day:	Date:	Venue:	Tutors	Start	Finish
Master Tutor Meeting (LTG only)	Coach Training Programme- Tutor Meeting	Mon	2/11/09	Lucan Spa Hotel	Leinster Tutor Group	7:30pm	9.30pm
Award One F / H	Unit 1 - Youth & Adult (U13+)	Mon	9/11/09	Ballinteer (F)/Erins Isle (H)	Tutor Group	7:00pm	10.00pm
Award One F / H	Unit 2 - Youth & Adult (U13+)	Wed	11/11/09	Ballinteer (F)/Erins Isle (H)	Tutor Group	7:00pm	10.00pm
Award One F / H	Unit 3 - Youth & Adult (U13+)	Mon	16/11/09	Ballinteer (F)/Erins Isle (H)	Tutor Group	7:00pm	10.00pm
Award One F / H	Unit 4 - Youth & Adult (U13+)	Wed	18/11/09	Ballinteer (F)/Erins Isle (H)	Tutor Group	7:00pm	10.00pm
Award One F / H	Unit 5 - Youth & Adult (U13+)	Mon	23/11/09	Ballinteer (F)/Erins Isle (H)	Tutor Group	7:00pm	10.00pm
Award One F / H	Unit 6 - Youth & Adult (U13+)	Wed	25/11/09	Ballinteer (F)/Erins Isle (H)	Tutor Group	7:00pm	10.00pm
Award One F / H	Unit 7 - Youth & Adult (U13+)	Mon	30/11/09	Ballinteer (F)/Erins Isle (H)	Tutor Group	7:00pm	10.00pm

Coaching Conferences

Event:	Description:	Day:	Date:	Venue:	Tutors	Start	Finish
National Coaching Conference	GAA National Coaching Conference	Fri & Sat	20&21/11/09	Croke Park	TBA	7:30pm (fri)	5pm(sat)

DECEMBER COACHING & GAMES DEVELOPMENT PROGRAMME 2009-2010



Football Workshop

Event:	Description:	Day:	Date:	Venue:	Tutors	Start	Finish
Practical Football Coaching	Adapting Fun Games	Sat	5/12/09	Round Towers, Lusk	Philip Kerr	12.00pm	2.00pm

Club Development

Event:	Description:	Day:	Date:	Venue:	Tutors	Start	Finish
Code of Ethics in Youth Sport	Child/Coach protection	Mon&Wed	7&9/12/09	Templeogue Synge St	Sports Council Tutor	7.00pm	9.00pm

Certificate in Conditioning for Gaelic Games *(Special Purpose Award)*

Event:	Description:	Day:	Date:	Venue:	Tutors	Start	Finish
Conditioning for Gaelic Games	Unit 10 - Conditioning	Wed	2/12/09	I.T Blanchardstown	B.I.T Sports	7.00pm	10:00pm
Conditioning for Gaelic Games	Unit 11 - Periodisation, Planning & Monitoring	Wed	9/12/09	I.T Blanchardstown	B.I.T Sports	7.00pm	10:00pm
Conditioning for Gaelic Games	Unit 12 - Nutrition	Fri	11/12/09	I.T Blanchardstown	B.I.T Sports	7.00pm	10:00pm

Referee Education

Event:	Description:	Day:	Date:	Venue:	Tutors	Start	Finish
Go Games Referees Course	Referee Development (3 evenings)	Mon&Wed	7,9&14/12/09	Liffey Gaels	Referee Committee	7.30pm	10.00pm

Coach Education

Event:	Description:	Day:	Date:	Venue:	Tutors	Start	Finish
Master Tutor Meeting (LTG only)	Coach Training Programme- Tutor Meeting	Mon	7/12/09	Lucan Spa Hotel	Leinster Tutor Group	7:30pm	9.30pm

GPO In-service Training (staff only)

Event:	Description:	Day:	Date:	Venue:	Tutors	Start	Finish
G.P.O. In-service Training	Award 1 Adult & Youth Training - Group 1	Tue	12/01/10	Parnell Park	LTG	10:00am	5:00pm
G.P.O. In-service Training	Award 1 Adult & Youth Training - Group 2	Wed	13/01/10	Parnell Park	LTG	10:00am	5:00pm
G.P.O. In-service Training	Award 1 Adult & Youth Training - Group 3	Thur	14/01/10	Parnell Park	LTG	10:00am	5:00pm

Hurling Workshop

Event:	Description:	Day:	Date:	Venue:	Tutors	Start	Finish
Practical Hurling Coaching	Fitness with the Sliotar	Sat	16/01/10	O'Tooles	Pat Herbert	12.00pm	2.00pm

Physical Conditioning

Event:	Description:	Day:	Date:	Venue:	Tutors	Start	Finish
Physical Conditioning	Innovative Training Techniques	Wed	27/01/10	St Annes	Mick Bohan	7:30pm	9.30pm

Coach Education

Event:	Description:	Day:	Date:	Venue:	Tutors	Start	Finish
Master Tutor Meeting (LTG only)	Review & Planning weekend	Fri&Sat	8&9/01/10	Ballymascanlon Hotel	Leinster Tutor Group	7:30pm	9.30pm
Award One Football / Hurling	Unit 1 Youth & Adult (U13+)	Fri	22/01/10	Faughs (H)/ Westmanstown (F)	Tutor Group	7:00pm	10.00pm
Award One Football / Hurling	Unit 2-4 Youth & Adult (U13+)	Sat	23/01/10	Faughs (H)/ Westmanstown (F)	Tutor Group	9.00am	3.00pm
Award One Football / Hurling	Unit 5 Youth & Adult (U13+)	Fri	29/01/10	Faughs (H)/ Westmanstown (F)	Tutor Group	7:00pm	10.00pm
Award One Football / Hurling	Unit 6-7 Youth & Adult (U13+)	Sat	30/01/10	Faughs (H)/ Westmanstown (F)	Tutor Group	9.00am	3.00pm

Club Development

Event:	Description:	Day:	Date:	Venue:	Tutors	Start	Finish
Code of Ethics in Youth Sport	Child/Coach protection	Mon&Wed	18&20/01/10	Round Towers Lusk	Sports Council Tutor	7.00pm	9.00pm
Code of Ethics in Youth Sport	Child/Coach protection	Mon&Wed	25&27/01/10	St Marks	Sports Council Tutor	7.00pm	9.00pm
Code of Ethics in Youth Sport	Basic First Aid Training	Mon&Wed	18&20/01/10	Craobh Chiaráin	LTS	7.00pm	9.00pm

Certificate in Conditioning for Gaelic Games (Special Purpose Award)

Event:	Description:	Day:	Date:	Venue:	Tutors	Start	Finish
Conditioning for Gaelic Games	Unit 13 - Coaching	Wed	13/01/10	I.T Blanchardstown	B.I.T Sport	7.00pm	10:00pm
Conditioning for Gaelic Games	Unit 14 - Coaching	Wed	20/01/10	I.T Blanchardstown	B.I.T Sport	7.00pm	10:00pm
Conditioning for Gaelic Games	Project Report	Wed	27/01/10	I.T Blanchardstown	B.I.T Sport	7.00pm	10:00pm

Skill Acquisition & Decision Making

Event:	Description:	Day:	Date:	Venue:	Tutors	Start	Finish
Skill Acquisition & Decision Making	Unit 1 -3	Mon	11,18&25/01/10	TBA	Barry Horgan	7.00pm	10.00pm

FEBRUARY

Football Workshop

Event:	Description:	Day:	Date:	Venue:	Tutors	Start	Finish
Practical Football Coaching	Individual & Group Defence	Fri	26/12/10	St Brigids	John Morrisson	7:30pm	9.30pm

Hurling Workshop

Event:	Description:	Day:	Date:	Venue:	Tutors	Start	Finish
Practical Hurling Coaching	First Touch - Wall Ball Activity	Fri	05/12/10	Fingallians	Paudie Butler	7.30pm	9.30pm

Coach Education

Event:	Description:	Day:	Date:	Venue:	Tutors	Start	Finish
Master Tutor Meeting (LTG only)	Coach Training Programme- Tutor Meeting	Mon	01/02/10	Lucan Spa Hotel	LTG	7:30pm	9.30pm

Club Development

Event:	Description:	Day:	Date:	Venue:	Tutors	Start	Finish
Code of Ethics in Youth Sport	Child/Coach protection	Mon&Wed	01&03/02/10	Westmanstown Gaels	Sports Council Tutor	7.00pm	9.00pm
Code of Ethics in Youth Sport	Child/Coach protection	Mon&Wed	08&10/02/10	Good Counsel	Sports Council Tutor	7.00pm	9.00pm
Code of Ethics in Youth Sport	Child/Coach protection	Mon&Wed	22&24/02/10	Fingallians	Sports Council Tutor	7.00pm	9.00pm
Establishing Club Structures	Club Planning	Wed	10/02/10	Parnell Park	N. Cooper & G. O'Connor	7.00pm	9.00pm

Referee Education

Event:	Description:	Day:	Date:	Venue:	Tutors	Start	Finish
Go Games Referees Course	Referee Development - Overflow course	Mon&Wed	01,03&08/02/10	Parnell Park	Referee committee	7.30pm	10.00pm

Skill Acquisition & Decision Making

Event:	Description:	Day:	Date:	Venue:	Tutors	Start	Finish
Skill Acquisition & Decision Making	Unit 4 - 7	Mon	01,08,15&22/02/10	TBA	Barry Horgan	7.00pm	10.00pm

MARCH

Coach Education

Event:	Description:	Day:	Date:	Venue:	Tutors	Start	Finish
Master Tutor Meeting (LTG only)	Coach Training Programme- Tutor Meeting	Mon	01/03/10	Lucan Spa Hotel	LTG	7:30pm	9.30pm

Hurling Workshop

Event:	Description:	Day:	Date:	Venue:	Tutors	Start	Finish
Practical Hurling Coaching	Coaching the Games Approach Way	Fri	26/03/10	Ballyboden St Endas	Tommy Dunne	7:30pm	9.30pm

Physical Conditioning

Event:	Description:	Day:	Date:	Venue:	Tutors	Start	Finish
Physical Conditioning	Essential Core Stability	Fri	05/03/10	Whitehall	James Allen	7:30pm	9.30pm

Club Development

Event:	Description:	Day:	Date:	Venue:	Tutors	Start	Finish
Code of Ethics in Youth Sport	Child/Coach protection	Mon&Wed	01&03/03/10	Liffey Gaels	Sports Council Tutor	7.00pm	9.00pm
Code of Ethics in Youth Sport	Child/Coach protection	Mon&Wed	08&10/03/10	Kilmacud Crokes	Sports Council Tutor	7.00pm	9.00pm
Code of Ethics in Youth Sport	Child/Coach protection	Mon&Wed	22&24/03/10	St Margarets	Sports Council Tutor	7.00pm	9.00pm

Skill Acquisition & Decision Making

Event:	Description:	Day:	Date:	Venue:	Tutors	Start	Finish
Skill Acquisition & Decision Making	Unit 8 & 9	Mon	01&08/03/10	TBA	Barry Horgan	7.00pm	10.00pm

APRIL COACHING & GAMES DEVELOPMENT PROGRAMME 2009-2010



Coach Education

Event:	Description:	Day:	Date:	Venue:	Tutors	Start	Finish
Master Tutor Meeting (LTG only)	Coach Training Programme- Tutor Meeting	Mon	05/04/10	Lucan Spa Hotel	LTG	7:30pm	9:30pm

GPO In-service Training (staff only)

Event:	Description:	Day:	Date:	Venue:	Tutors	Start	Finish
GPO Team Meeting	Regional GPO Report Meeting - North	Tue	13/04/10	Naomh Mearnog	Eimear Dignam	3:30pm	5:00pm
GPO Team Meeting	Regional GPO Report Meeting - West	Tue	13/04/10	St Oliver Plunketts	Niall Cooper	3:30pm	5:00pm
GPO Team Meeting	Regional GPO Report Meeting - South	Tue	13/04/10	Kilmacud Crokes	Donal Doyle	3:30pm	5:00pm

Physical Conditioning

Event:	Description:	Day:	Date:	Venue:	Tutors	Start	Finish
Physical Conditioning	SAQ Foundation Workshop	Sat	03/04/10	St Marys GAA Club	Keith Hennessy	10.00am	2.00pm

MAY

Coach Education

Event:	Description:	Day:	Date:	Venue:	Tutors	Start	Finish
Master Tutor Meeting (LTG only)	Coach Training Programme- Tutor Meeting	Mon	03/05/10	Lucan Spa Hotel	LTG	7:30pm	9:30pm

GPO In-service Training (staff only)

Event:	Description:	Day:	Date:	Venue:	Tutors	Start	Finish
GPO Team Meeting	Summer Camp training	Tuesday	11/05/10	Parnell Park	Ger O' Connor	10:00am	2:30pm

Ready To Play

“Ready to Play” is a much needed resource which has everything you need to plan, prepare and successfully implement nursery programmes in any club. This book is packed with top tips and useful practical advice for your nursery activities

Available from the Coaching Dept for €5



GAME SENSE

A book written by John Morrison which is designed to help coaches in team preparation. It provides 10 sessions for coaches to follow, each session is flexible & adaptable and focuses on a different theme.

Available from the Coaching Dept for €15



NEW WEBSITE

Extensive re-development of the Coaching & Games website has taken place with the reorganisation of the layout, construction of new review pages and the creation of over 50 animated training drills and games. Another key function of the site is ability to register online for training courses.

The re launching of the site will take place at the end of August - www.dublinaagamesdevelopment.ie



Fun Do Resource

The Fun Do Learning Resource Pack contains booklets, DVDs and DVD-ROMs aimed at parents, teachers and coaches. Specifically the pack contains:

- ABC/Nursery DVD
- Hurling Resource DVD
- Football Resource
- Go Games Resource
- Coaches Resource

Available from the Coaching Dept for €50

NOTES

COACHING & GAMES DEVELOPMENT PROGRAMME 2009-2010



REGIONAL DEVELOPMENT OFFICERS

Donal Doyle
Niall Cooper
Eimear Dignam

085 7709709
085 2788507
086 8147701

donal@dublingaa.ie
niall@dublingaa.ie
eimear@dublingaa.ie

HURLING DEVELOPMENT OFFICER

Colm Burtchaell

086 8269007

colmb@dublingaa.ie

FOOTBALL DEVELOPMENT OFFICER

Stephen O'Shaughnessy

086 8337633

stephen@dublingaa.ie

COISTE NA nÓG

Damian Murphy

086 1706420

dmurphy@dublingaa.ie

COACHING OFFICER

Brendan Harpur

(01) 8437769

brendanharpur@eircom.net

GAMES MANAGER

Gerard O' Connor

(01) 8312099 / 086 2752511

coachingdept@eircom.net

COACHING AND GAMES DEPARTMENT

Coaching Department

(01) 8312099

coachingdept@eircom.net

PLEASE CONFIRM IN ADVANCE THE DATES, TIMES AND VENUES WITH THE COACHING AND GAMES DEPARTMENT,
AS THEY MAY BE SUBJECT TO CHANGE.

For more details see: www.dublingaagamesdevelopment.ie or book online